

04

TRUST

FOCUS:

To Place My Trust in God

PRAYER:

God, in your Word you invite me to pour out my heart to you. You are my refuge. I know that anything I think, feel, or do is ok to bring to you. Knowing you are a safe place for me, I come to you and give you everything (talk to God about the specific things that are on your heart today). From what worries me to what delights me, to what I hope for, to what I'm afraid of, I bring it all to you because I can trust you. Help me and guide me in every area, in Jesus' name.

PSALMS 62:8

O my people, trust in him at all times. Pour out your heart to him, for God is our refuge.